

WE RECYCLE **more**

Sorting guide for residents in
apartments and terraced houses



5 tips for food waste

How to minimise the risk of smell, flies, and maggots:

1

Remove excess fluids before putting food waste in the green bag.

2

Wrap perishable and/or smelly food (e.g. fish and meat) in e.g. paper towels before throwing them in the food bin.

3

Avoid filling the green food binbags to the breaking point and remember to tie them with a knot.

4

Place the green food binbags carefully in the outdoor food waste container to prevent tearing the bag.

5

Change the green food binbag every day during hot weather and double bag the food waste if needed.



We recycle more

In the sorting guide you can look up how to sort your waste. The most important thing is to get started and give it a try. Below you will find some general tips for a successful sorting of waste:

- **Packaging must be emptied, and any lids removed.**
- **If the waste is made of several materials, they must be separated. If the materials cannot be separated, then sort the waste according to the primary material.**
- **Use your common sense: plastic goes in the plastic bin, metal in the metal bin, food in the food bin, small electronics in the matching bin and so on.**
- **When in doubt, throw the waste in the residual waste bin.**

As this sorting guide is addressed to people who share outdoors waste solutions – for instance people who live in apartment buildings – you may experience, that some of the waste solutions and waste categories described, are not relevant for you.

Any doubts regarding the waste solutions where you live? Ask the person in charge of waste management for information about your specific solutions.

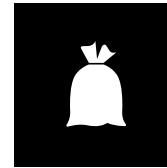


Food waste

- Leftovers – raw as well as cooked
- Meat, poultry, fish, bones
- Cheese, cold cuts, eggs, eggshells
- Rice, pasta, potatoes
- Bread, cake, flour, grains
- Fruit, vegetables, peels
- Seeds, nuts, nutshells
- Coffee grounds and tea leaves, coffee filters and tea bags
- Cut flowers and leaves from indoor plants

Food waste is converted into biogas and fertiliser

Use only the green bags delivered to you for food waste, and remember to tie a knot on the bag



Residual waste

- Pizza boxes and other greasy cardboard and paper
- Wine corks
- Vacuum cleaner bags
- Foil crisp bags
- Styrofoam
- Nappies and sanitary towels
- Dental floss and cotton buds
- Ashes from barbecue and woodburning stove (bagged)
- Gift wrapping paper and ribbons

Use regular bags for residual waste

Food and beverage cartons go in the **plastics bin**. They are reused for e.g. paper towels

Remember to flatten your waste before discarding it. This will allow more to fit in the bin



Plastic, food & beverage cartons

- Food packaging
- Plastic bottles
- Plastic trays and containers from e.g. ice cream, dairy products etc.
- Plastic meat trays
- Fruit and vegetable plastic trays
- Plastic bags and bubble wrap
- Plastic lids
- Plastic pots for plants
- Shampoo bottles
- Milk and juice cartons
- Empty cartons from e.g. juice, cocoa etc.
- Empty cartons from e.g. peeled tomatoes, beans etc.

Packings and cartons should be emptied. Cartons from yoghurt should be rinsed with a bit of water, to get the last bit out

Remove plastic lids from food and beverage cartons and put them in the bin separately



Glass

- Glass for canned food
- Glass jam jars
- Wine and spirit bottles
- Drinking glasses (not crystal)
- Broken glass

Stickers and labels
do not have to be
removed

**Empty the glass
packaging as much as
you can without using
water but for e.g.
a spoon instead.**



Metal

- Food tins
- Beer and soda cans
- Metal lids from glass jars
- Bottle caps
- Tinfoil without visible food residue
- Foil trays
- Foil tea light cups

Metal containers must be empty. Do not use water but e.g. a spoon to remove content

The metal is sorted by type, re-melted, and used for, e.g., new bike frames



Paper

- Newspapers
- Magazines
- Advertisements
- Envelopes – including window envelopes
- Writing paper and printer paper
- Drawing paper
- Receipts and post-it notes

Staples and tape
can stay on the
paper

**The paper can
be crumpled but
must be dry to
be recycled**



Cardboard

- Clean and dry cardboard
- Corrugated cardboard
- Egg boxes
- Cardboard boxes and cartons
- Cereal packaging
- Cartons from toothpaste etc.

Pizza boxes go in the residual waste bin

Cardboard can be dropped-off as bulky waste or at the recycling centre, if you do not have a cardboard container

Cardboard boxes must be empty and free from styrofoam or bubble wrap

Flatten the cardboard so it takes up less space in the container



Small electronics

- Mobile phones
- Tablets
- Laptops
- Toys containing electronics and/or batteries
- Gaming consoles
- Electric toothbrushes
- Shavers
- Shoes with lights and batteries
- Remote controls
- Power tools
- Chargers and cables
- Flashlights and bike lights
- Cameras
- MP3-players
- Electric watches and smart watches
- Small kitchen utensils
- Power strips and fuses

Electronic waste can contain various valuable materials e.g. gold, silver, cobber, and platinum – these are of great value to reuse

If possible, remove any batteries from the product before discarding it



Hazardous waste

- Batteries
- Energy-saving light bulbs
- Pesticides for rodents and insects
- Chemicals and oil residue
- Paint residue
- Herbicides, fungicides and fertilisers
- Cleaning products
- Hand sanitation packaging
- Spray cans
- Nail polish
- Thermometers
- Ceramics and porcelain

Remember that all packaging marked with hazard symbols must be discarded as hazardous waste

In Lyngby-Taarbæk there are multiple solutions for discarding hazardous waste. Ask the person in charge of waste management in your area for information about your specific solution



Textile waste

- Stained, torn, and worn out clothes
- Worn out tablecloths
- Curtains
- Towles
- Bed linen and sheets
- Cloths and rags



Clothes that are still in good condition should be given to charity

Textile waste is collected with your bulky waste

The textiles must be dry and packed in transparent bags, tied with a knot



Garden waste

- Plants
- Bundled branches and twigs
- Leaves
- Grass cuttings
- Hedge clippings
- Fallen fruit



Branch bundles can be up to one meter long, 15 cm in diameter, and must be bundled with twine

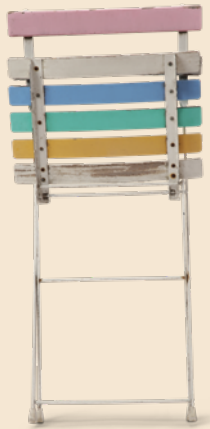
The brown bags can be bought in hardware stores and supermarkets

Place your bin, paper bag and branch bundles by the kerbside by 7 am on the collection day



Bulky waste

- Furniture – e.g. sofas, tables and chairs
- Wooden chairs, garden furniture and baskets
- Large and small electronics
- White goods
- Bulky waste cardboard
- Large iron or metal items
- Mattresses



Bicycles, lawnmowers, scooters, etc., must be labelled "Bulky waste". Large items, e.g. a wooden table with a metal frame, must be disassembled. Small items can be gathered in transparent plastic bags

Place your bulky waste by the kerbside in sorted piles by 7 am on the collection day, and no earlier than the day before to avoid unnecessarily cluttering of the city space with bulky waste

Cardboard must be bundled or gathered in a cardboard box

Not sure how to sort your waste?

We have a sorting guide on our website but it is in Danish only.

Scan the QR code to go the sorting guide:



We also have an app called **Affaldsportal**. It also includes a sorting guide but also in Danish only.

You are always welcome to contact our customer service team on:

Phone no.: **+45 72 28 33 60** or

Email: **forsyning@ltf.dk**

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